

HEALTH MANAGEMENT PLAN IRRITABLE BOWEL SYNDROME PLAN

School Year:

| Student Name: | | DOB: |
|--|-------------|------------------------------------|
| School: | | Student ID: |
| | | |
| CONTACTS: | | |
| MOTHER: | | FATHER: |
| HOME: | | HOME: |
| WORK: | | WORK: |
| CELL: | | CELL: |
| | | |
| EMERGENCY CONTACTS: | | 70 |
| Name: | | Phone: |
| Name: | | Phone: |
| PHYSICIAN: | | PHONE: |
| HOSPITAL PREFERENCE: | | |
| uncomfortable, IBS — unlike ulcerative colitis and Crohn's disease, which are forms of inflammatory bowel disease — doesn't cause changes in bowel tissue or increase your risk of colorectal cancer. Only a small number of people with irritable bowel syndrome have severe signs and symptoms. Some people can control their symptoms by managing diet, lifestyle and stress. Others will need medication and counseling. Symptoms may include: Abdominal pain or cramping, bloated feeling, gas, diarrhea or constipation or alternating bouts of constipation and diarrhea, mucus in the stool (from Mayo Clinic. Org/diseases –conditions, July 31, 2014) BRIEF STUDENT HISTORY / MEDICATIONS: | | |
| MANAGEMENT: - liberal bathroom privileges - dietary considerations: | | none |
| CALL PARENT IF: - change in bathroom habits (soiling or increased frequency) - fever - severe abdominal pain other: | | |
| school Cunic: Copy of this plan sho | uia ve prov | viaea io Fransporiaiion Supervisor |
| Parent Signature | Date | County School Nurse Signature Date |